



# Connecting for Kids

## November 2018 Programs

All programs are free and open to the public; however, registration is required. Register online at [connectingforkids.org/register](http://connectingforkids.org/register), email [info@connectingforkids.org](mailto:info@connectingforkids.org) or call 440-570-5908



### You're not alone

Connecting for Kids (CFK) provides education and support to families with concerns about their child. We serve all families, including those children with and without formal diagnoses.

Learn more at [connectingforkids.org](http://connectingforkids.org)

### Program locations

- L** Lakewood Public Library  
Main Library, 15425  
Detroit Ave.
- P** Parma-Snow Branch of  
Cuyahoga County Public  
Library, 2121 Snow Rd.
- S** Solon Branch of Cuyahoga  
County Public Library,  
34125 Portz Pkwy.

### Designed for your family

- Y** Families with young  
children (0-6 years)
- E** Families with elementary-  
aged children (7-12 years)
- A** All families with children  
(0-12 years)

### Special thanks to

CFK programs in Lakewood are supported by a grant from Community West Foundation.

CFK programs at the Parma-Snow and Solon Branches of Cuyahoga County Public Library are made possible through the generous support of the Callahan Foundation.

### Speaker Series

Join us for presentations on various childhood topics by local, pediatric professionals. Free, supervised children's activities are available, but adults and children must register separately. [connectingforkids.org/speakerseries](http://connectingforkids.org/speakerseries)

#### Positive Play with Preschoolers **Y L**

Join Rec2Connect as they discuss common challenges with preschoolers (both typically-developing children and those with special needs). They will provide simple strategies to encourage children to develop social and cooperative play skills and stop behaviors such as hitting, being a sore loser when playing games and whining. This program is co-sponsored by the Lakewood Family Room.

**Tuesday, November 13, 6:30 pm**

#### Supporting the Social Development of Gifted Kids **A P**

Join Dr. Meghan Barlow of Meghan Barlow and Associates as she explores the factors that interfere with the social relationships of gifted kids. She will discuss such topics as trouble connecting with peers, cognitive rigidity (a child's difficulty in changing his or her thinking) and uneven intellectual, physical and emotional development. Dr. Barlow will also provide recommendations for how parents and caregivers can best support their gifted child's social development.

**Wednesday, November 28, 6:30 pm**

#### Solutions for Picky Eaters and Problem Feeders **A S**

Whether you're worried about a child who won't eat vegetables or a child diagnosed with a feeding disorder, join us for an interactive, solutions-based discussion by Stefanie Peck, MA, CCC-SLP, and Brenda Richards, OTR/L, of The Center for LifeSkills. We will divide into two different small groups – one for picky eaters and one for more involved problem feeders. You'll walk away with tips you can put to use during your next meal at home.

**Friday, November 30, 11:30 am**



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### Elementary Experiences<sup>SM</sup>

These hands-on training programs are designed for families and their children (ages 7-12 years) who are struggling. Families will learn targeted skills together and receive a handout with ideas and resources to use at home. Adults are expected to participate in the program with their children. Siblings (ages 7-12 years) may also attend but must register separately. [connectingforkids.org/elementary](http://connectingforkids.org/elementary)

#### Music **E** **L**

Are you concerned about your child's anxiety, anger or sensory needs? Come and learn how to incorporate music to aid in self-regulation. Adults and children will participate together in this group music therapy session where musical experiences may include song writing, instrument playing, lyric analysis, listening practices and singing.

**Saturday, November 3, Session begins at 1:00 pm**

#### Music for Children with Moderate-Severe

#### Disabilities **E** **L**

Join us to sing, play, move and experience all aspects of general music making to enhance cognition, motor, social, emotional, behavioral and communication needs. Adults and children will participate together in this group music therapy session which will include alternative communication devices as needed. Adaptations will be made for all needs for everyone's participation and enjoyment!

**Saturday, November 3, Session begins at 2:30 pm**

#### Organization Station **E** **S**

Are chores a challenge in your house? Does your child start a task and never finish it? We can help! Join therapists from Galvin Therapy Center for an interactive session where children can learn and practice organizational skills. Children will do "chores" at stations set up to represent rooms of a home including the kitchen and bedroom. Each station will feature activities to complete together and strategies that can be used at home.

**Saturday, November 10, Sessions begin at 1:00 pm and 2:30 pm**

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